

Free meals and cheap food in Newcastle

There are free hot meals and takeaway food provided by volunteer and community groups in Newcastle. They welcome people who are hungry or lonely to eat a hot meal.

There are community meals and pay as you feel supermarkets or food pantries where you can buy low cost food. These often use food donated by companies where it would otherwise go to waste.

See below for more details on what's available in Newcastle. We also have a list of the [Food Banks and free emergency food in Newcastle](#).

The services listed on this page are provided by organisations independent to the council. We update this information regularly, but opening times and availability can change. Opening times are different during bank holidays.

Before attending a place we recommend you check it is running and that you're eligible to receive the service. Some services are only for adults or rough sleepers. Please note there may be a limit to the number of times you can access a service due to high demands in Newcastle. You can read more about InformationNOW's [Terms and Conditions](#).

Find food help near you

Search our organisation directory to find food help near you.

Search for Foodbank organisations

Location:

Postcode:

Free and low cost food available

Mondays

Name	What's available
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<p><u>Mary's Place at the Mercy Hub</u></p> <p>Address: The Mercy Hub, Neville Street, NE1 5HH</p> <p>Website: stmaryscathedral.org.uk/mercyhub/mercyhubnews</p> <p>Email: eliz.bennett1@outlook.com</p>	<p>A warm place to sit for free hot and cold food and drinks</p> <p>Take away food and drinks also available.</p> <p>Find it on Neville Street. The door is opposite the entrance to the part of the <u>St Mary's Cathedral</u> Mercy Hub.</p>
<p><u>The People's Kitchen</u></p> <p>Address: The Allison Centre, 56 Bath Lane, NE4 5SQ</p> <p>Telephone: 0191 222 0699</p> <p>Website: peopleskitchen.co.uk</p> <p>Email: info@peopleskitchen.co.uk</p>	<p>Free hot meal for people who are homeless or vulnerable</p> <p>Sleeping bags, warm clothing and toiletries are available</p>
<p><u>FoodCycle Benwell</u></p> <p>Address: Riverside Community Health Project Carnegie Building, Newcastle upon Tyne NE4 8XS</p> <p>Website: foodcycle.org.uk/location/newcastle-benwell</p> <p>Telephone: 07377 866 316</p> <p>Email: benwell@foodcycle.org.uk</p>	<p>Free, nutritious cooked meal on Mondays at 6.30pm</p> <p>Everyone is welcome, no matter your background</p>
<p><u>Kingdom Life Community Grocery – Newcastle</u></p> <p>Address: Heaton Road, Newcastle upon Tyne, NE6 1SB</p> <p>Telephone: 0191 345 4511</p> <p>Website: communitygrocery.org.uk/newcastle</p> <p>Email: newcastle@communitygrocery.org.uk</p>	<p>Low cost, affordable supermarket</p> <p>Classes such as cookery, life skills and managing money</p>

<p><u>Pottery Bank Community Centre</u></p> <p>Address: Yelverton Crescent, Pottery Bank, Walker, NE6 3SW</p> <p>Telephone: 0191 224 2349</p> <p>Website: Pottery Bank Facebook Page</p> <p>Email: info@potterybankcc.co.uk</p>	<p>Low cost community café</p> <p>Weekly pay as you feel supermarket</p> <p>Monthly essential food bags</p> <p>Cookery classes</p>
<p><u>Newcastle Community Pantry (Walker)</u></p> <p>Address: Treetop Village, Newcastle upon Tyne, NE6 3JW</p> <p>Telephone: 0191 275 3019</p> <p>Website: Visit their Facebook page</p>	<p>Low cost social supermarket</p> <p>Members in Walker can visit weekly to choose a bag of food for their home.</p> <p>This includes a range of fresh fruit, vegetables, other essential household items.</p> <p>There may be a limit on the number of higher value items you can choose</p>

Tuesdays

Name	What's available	How to access
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<p><u>Vinnie's Café – Lunch at St Vincent's Centre</u></p> <p>Address: Newbridge Street NE1 2TQ</p> <p>Telephone: 0191 261 6027</p> <p>Website: svp.org.uk/st-vincent-newcastle</p> <p>Email: stvincentsnewcastle@svp.org.uk</p>	<p>Free hot sit in or take away meals cooked by volunteers</p> <p><u>Free emergency packs of food,</u> toiletries and sanitary products for those in need Monday to Thursday 10.30am to 3.30pm and Friday 10am to 2pm.</p> <p><u>Free Clothing Support</u> available on Thursdays</p>	<p>Time: 11am to 1pm</p> <p>Who can use it: Adults. All welcome</p> <p>How: drop in to collect a takeaway meal</p> <p>Call or email to arrange collection of food, clothing or toiletries parcel</p> <p>Cost: free</p>
<p><u>St James Church</u></p> <p>Address: Benwell Lane, Newcastle upon Tyne, NE15 6RR</p> <p>Website: benwellscotswood.com/stjames</p> <p>Email: church@benwellscotswood.com</p>	<p>Free lunch on Tuesdays</p> <p>Time to spend meeting your community. It's for anyone, any age, any background and any beliefs</p>	<p>Time: 12pm to 2pm</p> <p>Who can use it: all welcome</p> <p>How: drop in. Call or email to let them know you're interested.</p> <p>Cost: free (donations welcome)</p>
<p><u>The People's Kitchen</u></p> <p>Address: The Allison Centre, 56 Bath Lane, NE4 5SQ</p> <p>Telephone: 0191 222 0699</p> <p>Website: peopleskitchen.co.uk</p> <p>Email: info@peopleskitchen.co.uk</p>	<p>Free hot meal for people who are homeless or vulnerable.</p> <p>Sleeping bags, warm clothing and toiletries are also available</p>	<p>Time: Monday to Friday 6.30pm to 8.30pm</p> <p>Saturday and Sunday 9.30am to 11.30am</p> <p>Who can use it: adults</p> <p>How: drop in</p> <p>Cost: free</p>

<p><u>Byker Pantry – Life Vineyard Church Foodbank</u></p> <p>Address: Life Vineyard Church, 11–13 Raby Cross, , Byker, NE6 2FF</p> <p>Telephone: 07470 126 508</p> <p>Website: www.lifevineyard.church/lifeprojects</p> <p>Email: Byker.pantry@lifevineyard.church</p>	<p>Buy low cost food using the Byker Pantry points scheme.</p> <p>Items are at least half the price of a supermarket.</p>	<p>Time: Tuesdays 9.30am to 12pm and 1pm to 4pm</p> <p>Who can use it: people who live or work in Byker or have a child at school in Byker.</p> <p>How to use the service: drop in. You exchange money for points. Then buy food items which are priced in points.</p> <p>Cost: low cost</p>
<p><u>Newcastle Community Pantry (Blakelaw)</u></p> <p>Address: Blakelaw Community centre, Newcastle Community Asset Trust, Binswood Avenue, Newcastle Upon Tyne, NE5 3PN</p> <p>Telephone: 0191 275 3019</p>	<p>Low cost social supermarket</p> <p>Members can visit weekly to choose a minimum of 10 items to take home.</p> <p>This includes a range of fresh fruit, vegetables, dairy items, tinned food and other essential household items.</p> <p>There may be a limit on the number of higher value or free items that you can choose</p>	<p>Time: Tuesdays, 10am to 12pm</p> <p>Who can use it: people who live in Blakelaw</p> <p>How to use the service: Register as a member. Bring a letter with your address on it when you register. You pay a subscription fee.</p> <p>To keep your membership active visit once a month.</p> <p>Cost: low cost food</p> <p>£5 subscription fee</p> <p>or £2.50 with a Healthy Start voucher</p>

<p><u>Kingdom Life Community Grocery – Newcastle</u></p> <p>Address: Heaton Road, Newcastle upon Tyne, NE6 1SB</p> <p>Telephone: 0191 345 4511</p> <p>Website: communitygrocery.org.uk/newcastle</p> <p>Email: newcastle@communitygrocery.org.uk</p>	<p>Low cost, affordable supermarket</p> <p>Classes such as cookery, life skills and managing your money</p>	<p>How to use it: Membership required</p> <p>Open: Monday to Friday 10am to 2pm</p> <p>Who is it for: families and local residents</p> <p>Cost: Membership is £5 a year. You can then shop 3 times a week for £4</p>
<p><u>Pottery Bank Community Centre</u></p> <p>Address: Yelverton Crescent, Pottery Bank, Walker, NE6 3SW</p> <p>Telephone: 0191 224 2349</p> <p>Website: Pottery Bank Facebook Page</p> <p>Email: info@potterybankcc.co.uk</p>	<p>Low cost community café</p> <p>Weekly pay as you feel supermarket</p> <p>Monthly essential food bags</p> <p>Cookery classes</p>	<p>Open: Community Café Monday to Friday 8am to 2pm</p> <p>Who is it for: people in Newcastle</p> <p>How to use it: Contact them for more information. Visit their Facebook page for more information</p> <p>Cost: low cost food</p>

The Bread and Butter Thing (Benwell)

Address: Merton Lodge, Merton Court,
Benwell, NE4 8JD

Telephone: [0737 993 1980](tel:0737 993 1980)

Text message: [07860 063304](tel:07860 063304)

Website: breadandbutterthing.org

Weekly low cost food bags with fruit and veg, fridge favourites and cupboard staples.

Vegetarian options are available.

They accept Healthy Start Vouchers

Who is it for:
people in
Newcastle

How to use it:
Book your food club order before 10am on Mondays

Text [07860 063304](tel:07860 063304) your full name, postcode and BENWELL where you're collecting from.)

Or register as a member on their website

Select the size of your food bag

You'll be sent a text every Sunday to confirm if you would like to place an order the next week. Reply 'YES' by 10am Monday to secure your shopping.

Collect and pay for your bag from Merton Lodge in Benwell at 2:30pm Tuesday.
(Someone can collect on your behalf)

How much does it cost: Membership is free. Bags cost are £5 for individuals, £8.50 for family, £17 for Large family

Wednesday

Name	What's available	How to access
<p><u>Big River Bakery</u></p> <p>Address: 42 Wretham Place Newcastle upon Tyne NE2 1XU</p> <p>Website: bigriverbakery.myshopify.com</p> <p>Telephone: 0774 608 6924</p> <p>Email: andy@bigriverbakery.com</p>	<p>Community bakery and café in Shieldfield.</p> <p>They bake and sell fresh artisan bread, pies and pastries. You can pay what you feel day for their food on Wednesdays</p> <p>They're a Winter Wellbeing Hub</p>	<p>Open: Monday 8am to 1.30pm Tuesday to Friday 8am to 4pm Saturday 9am to 1.30pm Who is it for: people in Newcastle How to use it: Pop in during opening times. No one will be turned away who need a drink and a place to sit Cost: free or low cost food</p>
<p><u>Cornerstone Benwell</u></p> <p>Address: 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU</p> <p>Telephone: 0191 226 0941</p> <p>Website: cornerstonebenwell.com</p> <p>Email: cornerstonebenwell@gmail.com</p>	<p>Benwell Bridge Pantry: low cost food items available. you can buy 10 items for £2.50. Membership needed.</p> <p>Corner Kitchen Community Café: selling low cost hot and cold food</p> <p><u>Emergency food parcels</u> available Tuesday, Wednesday, Thursday 9am to 2pm</p>	<p>Time: Pantry open Wednesdays from 9am to 2pm</p> <p>Community Café open Wednesdays and Thursdays 9am to 2pm</p> <p>Who can use it: adults</p> <p>How: Membership needed to use Pantry</p> <p>You can turn up to use the café and pantry</p> <p>Cost: low cost</p>

<p><u>Blakelaw Community Centre</u></p> <p>Address: Newcastle Community Asset Trust, Binswood Avenue, Blakelaw, Newcastle upon Tyne, NE5 3PN</p> <p>Website: newcastlecat.org.uk</p> <p>Other Website: newcastlecat.org.uk/blakelaw</p> <p>Email: esme.reily@newcastlecat.org.uk</p> <p>Facebook: Mrs T's Café</p>	<p>Community Market stocks food donated by local supermarkets. You can buy food at a low cost.</p> <p>Community café open 7 days a week</p>	<p>Market open: Wednesdays and Fridays 10am to 12pm</p> <p>Café open: 7 days a week</p> <p>Who can use it: adults</p> <p>How: You can turn up to use the café and pantry</p> <p>Cost: low cost</p>
<p><u>FoodCycle Walker</u></p> <p>Address: Monkchester Community Centre, 208 Monkchester Road, Walker, NE6 2LJ</p> <p>Website: foodcycle.org.uk/location/newcastle-walker/</p> <p>Email: monkchester@foodcycle.org.uk</p>	<p>FoodCycle Walker offers free, nutritious cooked meal on Wednesdays at 12.30pm.</p> <p>.</p>	<p>Time: 12.30pm to 1.30pm</p> <p>Who can use it: all welcome</p> <p>How: No referral needed, just turn up</p> <p>Cost: free</p>
<p><u>The People's Kitchen</u></p> <p>Address: The Allison Centre, 56 Bath Lane, NE4 5SQ</p> <p>Telephone: 0191 222 0699</p> <p>Website: peopleskitchen.co.uk</p> <p>Email: info@peopleskitchen.co.uk</p>	<p>Free hot meal for people who are homeless or vulnerable.</p> <p>Sleeping bags, warm clothing and toiletries are also available</p>	<p>Time: Monday to Friday 6.30pm to 8.30pm</p> <p>Saturday and Sunday 9.30am to 11.30am</p> <p>Who can use it: adults</p> <p>How: drop in</p> <p>Cost: free</p>

<p><u>Kingdom Life Community Grocery – Newcastle</u></p> <p>Address: Heaton Road, Newcastle upon Tyne, NE6 1SB</p> <p>Telephone: 0191 345 4511</p> <p>Website: communitygrocery.org.uk/newcastle</p> <p>Email: newcastle@communitygrocery.org.uk</p>	<p>Low cost, affordable supermarket</p> <p>Classes such as cookery, life skills and managing your money</p>	<p>How to use it: Membership required</p> <p>Open: Monday to Friday 10am to 2pm</p> <p>Who is it for: families and local residents</p> <p>Cost: Membership is £5 a year. You can then shop 3 times a week for £4</p>
<p><u>Pottery Bank Community Centre</u></p> <p>Address: Yelverton Crescent, Pottery Bank, Walker, NE6 3SW</p> <p>Telephone: 0191 224 2349</p> <p>Website: Pottery Bank Facebook Page</p> <p>Email: info@potterybankcc.co.uk</p>	<p>Low cost community café</p> <p>Weekly pay as you feel supermarket</p> <p>Monthly essential food bags</p> <p>Cookery classes</p>	<p>Open: Community Café Monday to Friday 8am to 2pm</p> <p>Who is it for: people in Newcastle</p> <p>How to use it: Contact them for more information. Visit their Facebook page for more information</p> <p>Cost: low cost food</p>

<p><u>Pop up Pantry Food Shop</u></p> <p>Address: <u>Shieldfield Art Works</u>, 1 Clarence Street, NE2 1YH</p> <p>Telephone: <u>0191 265 4979</u></p> <p>Website <u>thepopup-pantry</u></p> <p>Email:<u>Office@thepopup-pantry.uk</u></p>	<p>Mobile food co operative where you can buy low cost food. Save up to 50% on food and household items.</p> <p>They offer friendship, cups of tea, help and signposting too. They visit communities in Newcastle offering low cost food to buy.</p>	<p>Open: 10 am to 12 noon</p> <p>Who is it for: people who need it, no criteria</p> <p>Cost: cheaper than supermarket</p>
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Thursday

Name	What's available	How to access
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Cornerstone Benwell

Address: 62 Armstrong Road,
Newcastle upon Tyne, NE4 7TU

Telephone: [0191 226 0941](tel:01912260941)

Website: cornerstonebenwell.com

Email:
cornerstonebenwell@gmail.com

Benwell Bridge

Pantry: low
cost food
items
available. you
can buy 10
items for
£2.50.
Membership
needed.

**Corner
Kitchen
Community
Café:** selling
low cost hot
and cold food

**Emergency
food parcels**
available
Tuesday,
Wednesday,
Thursday 9am
to 2pm

Time: Pantry
open
Wednesdays
from 9am to
2pm

Community
Café open
Wednesdays
and Thursdays
9am to 2pm

**Who can use
it:** adults

How:
Membership
needed to use
Pantry

You can turn
up to use the
café and
pantry

Cost: low cost

<p><u>The Pop up pantry food shop</u></p> <p>Address: <u>The Sanctuary</u>, St. John's Road, NE4 7TY</p> <p>Telephone: <u>0191 265 4979</u></p> <p>Website: <u>popup-pantry.uk</u></p> <p>Email: <u>Office@thepopup-pantry.uk</u></p>	<p>Mobile food co operative where you can buy low cost food. Save up to 50% on food and household items.</p> <p>They offer friendship, cups of tea, help and signposting too. They visit communities in Newcastle offering low cost food to buy.</p>	<p>Time: Thursdays at The Sanctuary 11am to 1pm</p> <p>Who can use it: adults</p> <p>How: No referral needed, just turn up</p> <p>Cost: low cost</p>
<p><u>Foodcycle Byker</u></p> <p>Address: St Silas' Church, Clifford Street, Byker, NE6 1DR</p> <p>Website: <u>foodcycle.org.uk/location/byker/</u></p> <p>Email:<u>byker@foodcycle.org.uk</u></p>	<p>Free, nutritious cooked meal on Thursdays at 7pm.</p>	<p>Time: 7pm to 8pm</p> <p>Who can use it: all welcome</p> <p>How: No referral needed, just turn up</p> <p>Cost: free</p>

<p><u>Foodcycle Newcastle Westgate</u></p> <p>Address: Westgate Baptist Church, NE4 6QD</p> <p>Website: foodcycle.org.uk/location/newcastle-westgate</p> <p>Email: harry@foodcycle.org.uk</p>	<p>Free, nutritious cooked meal on Thursdays at 6.45pm.</p>	<p>Time: Thursdays 6.45pm</p> <p>Who can use it: all welcome</p> <p>How: No referral needed, just turn up</p> <p>Cost: free</p>
<p><u>The People's Kitchen</u></p> <p>Address: The Allison Centre, 56 Bath Lane, NE4 5SQ</p> <p>Telephone: 0191 222 0699</p> <p>Website: peopleskitchen.co.uk</p> <p>Email: info@peopleskitchen.co.uk</p>	<p>Free hot meal for people who are homeless or vulnerable.</p> <p>Sleeping bags, warm clothing and toiletries are also available</p>	<p>Time: Monday to Friday 6.30pm to 8.30pm</p> <p>Saturday and Sunday 9.30am to 11.30am</p> <p>Who can use it: adults</p> <p>How: drop in</p> <p>Cost: free</p>

<p><u>Byker Pantry Life Vineyard Church Foodbank</u></p> <p>Address: Life Vineyard Church, 11–13 Raby Cross, Byker, NE6 2FF</p> <p>Website: www.lifevineyard.church/lifeprojects</p> <p>Email: Byker.pantry@lifevineyard.church</p> <p>Telephone: 07470 126 508</p>	<p>Buy low cost food using the Byker Pantry points scheme.</p> <p>Items are at least half the price of a supermarket.</p>	<p>Time: 2pm to 6pm</p> <p>Who can use it: people who live or work in Byker or have a child at school in Byker.</p> <p>How: drop in. You exchange money for points. Then buy food items which are priced in points.</p> <p>Cost: low cost</p>
<p><u>Kingdom Life Community Grocery – Newcastle</u></p> <p>Address: Heaton Road, Newcastle upon Tyne, NE6 1SB</p> <p>Telephone: 0191 345 4511</p> <p>Website: communitygrocery.org.uk/newcastle</p> <p>Email: newcastle@communitygrocery.org.uk</p>	<p>Low cost, affordable supermarket</p> <p>Classes such as cookery, life skills and managing your money</p>	<p>How to use it: Membership required</p> <p>Open: Monday to Friday 10am to 2pm</p> <p>Who is it for: families and local residents</p> <p>Cost: Membership is £5 a year. You can then shop 3 times a week for £4</p>

Pottery Bank Community Centre

Address: Yelverton Crescent,
Pottery Bank, Walker,
NE6 3SW

Telephone: [0191 224 2349](tel:01912242349)

Website: [Pottery Bank Facebook Page](#)

Email: info@potterybankcc.co.uk

Low cost
community
café

Weekly pay as
you feel
supermarket

Monthly
essential food
bags

Cookery
classes

Open:
Community
Café Monday
to Friday 8am
to 2pm

Who is it for:
people in
Newcastle

How to use it:
Contact them
for more
information.
Visit their
Facebook
page for more
information

Cost: low cost
food

**Newcastle Community Pantry –
NUCASTLE**

Telephone: [07580751365](tel:07580751365)

Website: yourlocalpantry.co.uk

Email: info@nclwefb.org

Low cost
social
supermarket

Members can
visit weekly to
choose a
minimum of 10
items to take
home.

This includes
a range of
fresh fruit,
vegetables,
dairy items,
tinned food
and other
essential
household
items.

There may be
a limit on the
number of
higher value or
free items that
you can
choose

Time:
Thursdays
12pm to
2:30pm

**Who can use
it:** people who
live in the local
area

**How to use
the service:**
Register as a
member. Bring
a letter with
your address
on it when you
register. You
pay a
subscription
fee.

To keep your
membership
active visit
once a month.

Cost: low cost
food

£5
subscription
fee

or £2.50 with a
Healthy Start
voucher

Fridays

Name	What's available	How to access
<p><u>The People's Kitchen</u></p> <p>Address: The Allison Centre, 56 Bath Lane, NE4 5SQ</p> <p>Telephone: 0191 222 0699</p> <p>Website: peopleskitchen.co.uk</p> <p>Email: info@peopleskitchen.co.uk</p>	<p>Free hot meal for people who are homeless or vulnerable.</p> <p>Sleeping bags, warm clothing and toiletries are also available</p>	<p>Time: Monday to Friday 6.30pm to 8.30pm</p> <p>Saturday and Sunday 9.30am to 11.30am</p> <p>Who can use it: adults</p> <p>How: drop in</p> <p>Cost: free</p>
<p><u>Kingdom Life Community Grocery – Newcastle</u></p> <p>Address: Heaton Road, Newcastle upon Tyne, NE6 1SB</p> <p>Telephone: 0191 345 4511</p> <p>Website: communitygrocery.org.uk/newcastle</p> <p>Email: newcastle@communitygrocery.org.uk</p>	<p>Low cost, affordable supermarket</p> <p>Classes such as cookery, life skills and managing your money</p>	<p>How to use it: Membership required</p> <p>Open: Monday to Friday 10am to 2pm</p> <p>Who is it for: families and local residents</p> <p>Cost: Membership is £5 a year. You can then shop 3 times a week for £4</p>

<p><u>Pop up Pantry Food Shop</u></p> <p>Address: The Allen, The Green, Wallsend NE28 7NP</p> <p>Telephone: 0191 265 4979</p> <p>Website thepopup-pantry</p> <p>Email:Office@thepopup-pantry.uk</p>	<p>Groceries and a cup of tea and a chat</p>	<p>Open: 10am to 12pm</p> <p>Who is it for: people who need it, no criteria</p> <p>Cost: cheaper than supermarket</p>
<p><u>Blakelaw Community Centre</u></p> <p>Address: Newcastle Community Asset Trust, Binswood Avenue, Blakelaw, Newcastle upon Tyne, NE5 3PN</p> <p>Website: newcastlecat.org.uk</p> <p>Other Website: newcastlecat.org.uk/blakelaw</p> <p>Email: esme.reily@newcastlecat.org.uk</p> <p>Facebook: Mrs T's Café</p>	<p>Community Market stocks food donated by local supermarkets. You can buy food at a low cost.</p> <p>Community café open 7 days a week</p>	<p>Market open: Wednesdays and Fridays 10am to 12pm</p> <p>Café open: 7 days a week</p> <p>Who can use it: adults</p> <p>How: You can turn up to use the café and pantry</p> <p>Cost: low cost</p>

<p><u>Pottery Bank Community Centre</u></p> <p>Address: Yelverton Crescent, Pottery Bank, Walker, NE6 3SW</p> <p>Telephone: 0191 224 2349</p> <p>Website: Pottery Bank Facebook Page</p> <p>Email: info@potterybankcc.co.uk</p>	<p>Low cost community café</p> <p>Weekly pay as you feel supermarket</p> <p>Monthly essential food bags</p> <p>Cookery classes</p>	<p>Open: Community Café Monday to Friday 8am to 2pm</p> <p>Who is it for: people in Newcastle</p> <p>How to use it: Contact them for more information. Visit their Facebook page for more information</p> <p>Cost: low cost food</p>
<p><u>St Vincent's Centre</u></p> <p>Address: Blackfriars Centre, New Bridge Street, Newcastle upon Tyne, NE1 2TQ</p> <p>Telephone: 0191 261 6027</p> <p>Website: svp.org.uk/st-vincent-newcastle</p> <p>Email: stvincentsnewcastle@svp.org.uk</p>	<p>Pop up Community Market: a warm space with some free or cheap items.</p> <p>Clothes and shoes available from £1.</p> <p>Any 12 grocery items for £5. There's a tombola, hot drinks, soup and snacks.</p>	<p>Open: Thursdays 12.30pm to 3.30pm</p> <p>Who is it for: people in Newcastle</p> <p>How to use it: Contact them for more information. Visit their Facebook page for more information</p> <p>Cost: free and low cost food</p>

Holy Spirit Church, Denton

Address: Holy Spirit Church, West Denton, Dunblane Crescent, West Denton, NE5 2BE

Mobile number: 0799 001 9355

Website:

achurchnearyou.com/denton-holy-spirit

[Facebook](#)

Lunch club with a 2 course meal and hot drinks are available.

Open: the last Friday of the Month
12.30pm to 4pm.

Who is it for:
people in Newcastle

How to use it:
Call to book a place

Cost: Costs £4

The Bread and Butter Thing (Byker)

Address: ACANE, 1 Raby Way,
Byker, Newcastle upon Tyne, NE6,
2FF

Textphone: 07860 063304

Website: breadandbutterthing.org

Weekly low cost food bags with fruit and veg, fridge favourites and cupboard staples.

Vegetarian options are available.

They accept Healthy Start Vouchers

Who is it for:
people in
Newcastle

Book your food club order before 10am on Mondays

Text **07860 063304** your full name, postcode and BYKER where you're collecting from.) Or register as a member on their website.

Select the size of your food bag

You'll be sent a text every Wednesday to confirm if you would like to place an order that Friday. Reply 'YES' by 10am Thursday to secure your shopping.

Collect and pay for your bag from **ACANE** in Byker at 2pm Friday.

How much does it cost:
Membership is free. Bags cost are £5 for individuals, £8.50 for family, £17 for Large family

Saturdays and Sundays

Name	What's available	How to access
<p><u>The People's Kitchen</u></p> <p>Address: The Allison Centre, 56 Bath Lane, NE4 5SQ</p> <p>Telephone: 0191 222 0699</p> <p>Website: peopleskitchen.co.uk</p> <p>Email: info@peopleskitchen.co.uk</p>	<p>Free hot meal for people who are homeless or vulnerable.</p> <p>Sleeping bags, warm clothing and toiletries are also available</p>	<p>Time: Monday to Friday 6.30pm to 8.30pm</p> <p>Saturday and Sunday 9.30am to 11.30am</p> <p>Who can use it: adults</p> <p>How: drop in</p> <p>Cost: free</p>

Low cost cafes

The Magic Hat rescues surplus food destined for landfill. You can buy meals and snacks at their café in Newcastle City Centre and rescued food.

West End Women and Girls run Edible Elswick and West End Community Bakery

Pottery Bank Community Centre low cost Community Café open Monday to Friday 8am to 2pm

See our article on **Food and friends** for more details on community cafes and low cost meals.

Cookery classes

Men's Pie Clubs are about local guys, making pies. They bring local men together to make, cook and eat pies in Newcastle upon Tyne. The clubs are free to attend, and they operate a drop-in policy so feel free to go along whenever you like. They run sessions at 4 different venues. Visit their listing for more details

Big River Bakery offer baking classes Monday to Saturday. They crowdfund to support people in Newcastle with baking classes. You can also pay for classes.

Nourish Food School run a range of free cooking skills sessions and training courses for everyone. There is a small charge for some classes which helps to fund the service. They have hubs in Westerhope and Ouseburn.

West End Women and Girls Centre run a women's cookery club on Fridays.

Other food support in Newcastle

Visit our pages on:

- [Food help in Newcastle](#)
 - [Food banks in Newcastle](#) for Emergency Food Parcel information
 - [Help with food shopping or prescriptions](#)
 - If you are self-isolating due to Covid and struggling to get the food you need, you can contact the council's [Welfare and Wellbeing Team](#)
-

Free or pay as you feel hot drinks

[BALTIC Centre for Contemporary Art, Gateshead](#) offers pay as you feel hot drinks and snacks, a picnic area, free Wi Fi and phone charging points in their Café area. It is a warm space where you can spend time for free.

[Ikea free tea or coffee](#) Monday to Friday Ikea Family Members can get a free hot drink in their restaurant. Show your card to claim the offer.

Supermarket discounts and offers

Discounts for older people

[Iceland](#), is a supermarket that sells frozen food, gives a 10% discount to people over 60 years old on Tuesdays when buying food in store. To get the discount you need to show your: bus pass, Drivers License or Senior railcard at the till.

[Asda in store café 'winter warmer'](#) for people over 60 years old to help with the cost-of-living crisis. Buy soup, a roll and unlimited tea and coffees for £1 in any of its 205 cafes, all day and every day throughout November and December.

Discounts for children

[Asda in store café](#) £1 for any kids' meal at Asda Cafés. You don't have to buy an adult meal at the same time. You can get a free baby food pouch for babies under 18 months with any purchase. Over 60's get 10% off on Wednesdays.

[Ikea all kids' meals cost 95p or £1.50.](#) You pay 95p for a children's meal or £1.50 for the meal deal. The deal includes one hot meal, a jelly, a soft drink, and a piece of fruit.

[Morrisons supermarket](#) has a permanent 'kids eat free' offer at their instore café. To get this offer you need to buy an adult meal which costs over £4.99.

Refill water bottles for free

[Refill](#) helps you to find places to refill your water bottle for free. There's over 300 places in

Newcastle to get free tap water. Look out for the blue 'Refill' sticker in the shop window to see which shops are part of the Refill scheme. You can also find places to take your own containers for discounted take away coffee and food.

Support for families and children

If you receive certain benefits you can access additional food support for your children.

Healthy Start Scheme

NHS Healthy Start Scheme is for people who are pregnant or have children under the age of 4, who receive certain benefits. You get a free prepaid card that's topped up every 4 weeks to buy:

- plain liquid cow's milk
- fresh, frozen and tinned fruit and vegetables
- fresh, dried and tinned pulses
- infant formula milk based on cow's milk
- You can also collect free **Healthy Start vitamins**.

You can use the card in shops that accept Mastercard payments and sell at least one of these Healthy Start foods.

Find out if you are eligible and how to apply on the **NHS Healthy Start Website**.

Free school meals

Free school meals are available to children whose parents receive certain benefits and are at:

- government funded schools, full time, up to the age of 19,
- or in a nursery class or nursery school and attending for full days.

The government has temporarily extended free school meals to families with no recourse to public funds during the coronavirus pandemic.

Find out if you're eligible for free school meals and how to apply on Newcastle.gov.uk

School holidays

Children who receive free school meals during term time because they're eligible, will receive up to £90 of food vouchers for the summer holidays. This will be arranged by the child's school. Newcastle City Council will contact those who are registered to receive free meals who don't have a school place.

Early years children (3 and 4 year olds in Newcastle) who receive a funded free early years entitlement for their place at either school, pre-school playgroup, day nursery or childminder. And meet the criteria for free school meals, should also be offered a food voucher by their early years

provider.

Free holiday activities

Holiday Activities run the ‘Newcastle Best Summer / Spring / Winter Ever’ schemes. The free school holiday activity scheme in Newcastle for 4 to 16 year olds. This support is for families who receive free school meals. Community organisations across Newcastle provide free activity sessions and a meal for your child. You can choose from a range of fun, educational and sociable activities such as: sport, art, and culture. Newcastle City Council and StreetGames are working with community partners to give children and young people in Newcastle a happy and enjoyable school holidays. Visit their website for more information about the activities available, where they’re taking place and how to book.

Universal free school meals for Reception children, Year 1 and Year 2

Universal free school meals are available to all children in government funded schools in Reception, Year 1 or Year 2. You don’t have to apply for universal free school meals and you do not have to receive benefits to be eligible for them. It is for all children aged 4 to 8 years old. This does not mean you are eligible for the school holiday vouchers. The vouchers are for children who meet the eligibility criteria for free school meals mentioned above.

Please note: Your child and their school may be able to get extra help if you get one of the qualifying benefits for free school meals. [Apply for free school meals](#) so that the council can check if your child is eligible for the extra help, even if your child is in reception, year 1 or year 2.

Cost of living help and support from Newcastle City Council

Newcastle City Council’s [Cost of Living website](#) has information about where to get help and support on a range of issues. This includes with:

- Benefits, debt, money and energy advice
- Housing support
- [Wellbeing Hubs](#) – a directory of places offer support. This includes community centres and libraries where people can go to stay warm while accessing free wi-fi, help and advice, learning new skills and taking part in activities such as cookery classes. You can also register your service as a Hub here.
- Help with school and learning costs, free childcare
- Council tax discounts and exemptions
- Crisis support and emergency funds

You can contact the [Cost of Living Helpline at Newcastle City Council](#) for help and support. You can complete their online form to ask for help or call the free helpline. They can signpost you to local help and support including:

- emergency food parcels
- [wellbeing hubs](#): warm spaces in the local community where you can spend time and enjoy

facilities such as Wi-Fi, hot drinks or food.

- help to manage your electricity or gas payments

Winter Wellbeing Hubs

Wellbeing Hubs are a warm welcoming place to spend time in Newcastle. Local venues, such as libraries and community centres, offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more.

[Visit Newcastle.gov.uk to find what support is available at a hub near you.](#)

[Read more about Cost of living help and support on InformationNOW](#) and [Keeping warm and well in winter.](#)

Homeless people

[The People's Kitchen](#) give free hot meals sleeping bags, warm clothing and toiletries to homeless and vulnerable people.

[Joseph Cowen Healthcare Centre](#) offer access to healthcare for people who are street homeless or in temporary accommodation who cannot access mainstream healthcare services. At these sessions you can access a doctor, bathing facilities and hot drinks.

Read more about [help in Newcastle if you're worried about becoming homeless or you are homeless.](#)

Asylum seekers and Refugees

There are voluntary groups and charities who support refugees and asylum seekers. There are a number of drop in services (turn up without an appointment) in Newcastle where food, drinks, food parcels and essential items are available. [Read more about local support for Asylum Seekers and Refugees](#)

North Tyneside

[The Cedarwood Trust](#) is a community centre in the Meadow Well, North Shields. They run a range of community services including a low cost food shop called The Nourish Store. Members can join for £1. A weekly shop costs £4 and you get up to £15 worth of goods. You can pay an extra £1.50 for fresh fruit and vegetables

The services listed on this page are provided by organisations independent to the council. We update this information regularly, but opening times and availability can change. Opening times are different during bank holidays and over Christmas and New Year. Before attending a session we recommend you check it is running and that you're eligible to receive the service. Some services are only for adults or rough sleepers. Please note there may be a limit to the number of times you can access a

service due to high demands in Newcastle. You can read more about InformationNOW's [Terms and Conditions](#).

Last updated: November 20, 2023

Useful Organisations

FoodCycle Walker

Email: monkchester@foodcycle.org.uk

Website: <https://www.foodcycle.org.uk/location/monkchester/>

Telephone: 07377 866 316

Address: Monkchester Community Centre, NE6 2LJ

Foodcycle Westgate

Email: westgate@foodcycle.org.uk

Website: <https://www.foodcycle.org.uk/location/newcastle-westgate/>

Telephone: 07377 866 316

Address: Westgate Baptist Church, NE4 6QD

The Peoples Kitchen

Email: info@peopleskitchen.co.uk

Website: www.peopleskitchen.co.uk

Telephone: 0191 222 0699

Address: The People's Kitchen, NE4 5SQ

The Byker Pantry

Email: byker.pantry@tynesidevineyard.org.uk

Website: www.lifevineyard.church/lifeprojects

Telephone: 07495 484492

Address: 11-13 Raby Cross, NE6 2FF

Grainger Market

Email: markets@newcastle.gov.uk

Website: <https://www.newcastle.gov.uk/business/newcastle-markets/visit-market-newcastle/grainger-market>

Telephone: 0191 211 5542

Address: Grainger Street, NE1 5QQ

Pottery Bank Community Centre

Email: info@potterybankcc.co.uk

Website: www.potterybankcc.co.uk

Telephone: 0191 224 2349

Address: Yelverton Crescent, NE6 3SW

West End Women and Girls Centre

Email: info@westendwomenandgirls.co.uk

Website: www.westendwomenandgirls.co.uk

Telephone: 0191 273 4942

Address: The Stephenson Building, NE4 6SQ

FoodCycle Byker

Email: Byker@foodcycle.org.uk

Website: <https://www.foodcycle.org.uk/location/newcastle-byker/>

Telephone: 07377 866 316

Address: St Silas' Church, NE6 1DR

Heaton Baptist Church

Email: office@heatonbaptist.org

Website: <http://www.heatonbaptist.org/>

Telephone: 0191 265 7044

Address: Heaton Road, NE6 5HN

Newcastle Central Mosque

Email: contact@newcastlecentralmosque.com

Website: <http://newcastlecentralmosque.com/>

Telephone: 0191 273 0262

Address: Newcastle Central Mosque , NE4 8RQ

Healthy Start Scheme

Email: healthy.start@nhsbsa.nhs.uk

Website: <https://www.healthystart.nhs.uk>

Telephone: 0191 273 0262

Address: Healthy Start, NE1 6SN

Newcastle's Best Holiday Ever

Email: NewcastleHolidayActivities@StreetGames.org

Website: <https://www.newcastlesupportdirectory.org.uk/best-ever-holiday-activities-and-food-haf-programme>

Telephone: 0191 273 0262

St James' Church, Benwell Lane

Email: church@benwellscotswood.com

Website: <https://www.benwellscotswood.com/stjames>

Telephone: 0191 273 5356

Address: Benwell Lane, NE15 6RR

Kingdom Life Community Grocery – Newcastle

Email: newcastle@communitygrocery.org.uk

Website: <https://communitygrocery.org.uk/newcastle>

Telephone: 0191 345 4511

Address: Kingdom Life Community Grocery Newcastle, NE6 1SB

Refill

Website: <https://www.refill.org.uk/>

Telephone: 0191 345 4511

Address: Studio 5 York Court, BS2 8QH

The Pop Up Pantry

Email: office@lifevineyard.church

Website: <https://www.popup-pantry.uk/>

Telephone: 0191 265 4979

Address: The Allen, NE28 7NP

The Gateway Church

Email: info@gatewaynewcastle.org

Website: <https://www.gatewaynewcastle.org/>

Telephone: 07596823577

Address: The Sanctuary at Gateway Church, NE4 7TY

Crisis Skylight Newcastle

Email: enquiries.newcastle@crisis.org.uk

Website: <https://www.crisis.org.uk/get-help/newcastle/>

Telephone: 0191 222 0622

Address: City House, NE1 2AF

Joseph Cowen Healthcare Centre

Email: info@tynegroup.org.uk

Website: <https://www.tynehousing.org.uk/what-we-do/wellbeing/joseph-cowen-centre/>

Telephone: 0191 265 8621

Address: 8 Wilfred Street, NE6 1JQ

Mens Pie Club

Email: hello@menspieclub.co.uk

Website: <https://www.menspieclub.co.uk/>

Telephone: 07932378034

Address: Ouseburn Community Centre, NE6 5PA

Big River Bakery

Email: andy@bigriverbakery.com

Website: <https://bigriverbakery.myshopify.com/>

Telephone: 077 4608 6924

Address: Big River Bakery, NE2 1XU

Holy Spirit Church, Denton

Website: <http://www.achurchnearyou.com/denton-holy-spirit/>

Telephone: 0191 267 4633

Address: Holy Spirit Church, NE5 2BE

Cost of Living Helpline at Newcastle City Council

Website: <https://newcastle.gov.uk/cost-living-support>

Telephone: 0800 170 7001

Address: Newcastle City Council , NE1 8QH

Asda

Website: <https://www.asda.com/>

Telephone: 0800 170 7001

Nourish Food School

Email: hello@nourishfoodschool.co.uk

Website: <https://www.nourishfoodschool.co.uk/>

Telephone: 07888280155

Address: Nourish Food School, NE6 5PA

Blakelaw Community Centre

Email: esme.reily@newcastlecat.org.uk

Website: <http://www.newcastlecat.org.uk/>

Telephone: 07804828355

Address: Newcastle Community Asset Trust, NE5 3PN

The Cedarwood Trust (North Shields)

Email: info@cedarwoodtrust.com

Website: <https://www.cedarwoodtrust.com/>

Telephone: 0191 2590245

Address: the Cedarwood Trust, Ne29 7QT

Newcastle Community Pantry – Walker

Telephone: 0191 275 3019

Address: Treetop Village, NE6 3JW

The Bread and Butter Thing (Byker)

Website: <https://www.breadandbutterthing.org/>

Telephone: 0191 275 3019

Address: ACANE, NE6 2FF

The Bread and Butter Thing (Benwell)

Website: <https://www.breadandbutterthing.org/>

Telephone: 0737 9931980

Address: Merton Lodge, NE4 8JD

Related Articles

[Food banks and free emergency food in Newcastle](#)

[Food and Friends](#)

[Welfare benefits](#)

[Homeless or worried about becoming homeless](#)

[Support for people with low incomes](#)

[Support for Asylum Seekers and Refugees](#)

[Help with clothing](#)

[Cost of living support](#)