

THIS WEEK'S Eats.

Week One

FOOD UNION
BY CHARTWELLS

MAIN One

EVERYDAY faves!



Jackets

Pizza & Pasta

Hot Snacks & Paninis

Subs

Salad

Sandwiches

MON

Beef Burger or the Incredible Vegan Burger ✓
with Tasty Wedges and Coleslaw

With cheese, beans or tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara Pasta

BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

TUE

Sweet & Sour Chicken with Rice or Vege Chow Mein ✓
with Sweet Chillli Broccoli

With cheese, beans or tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini
Steak Pasty
Cheese & Onion Pasty ✓
Vegan Sausage Roll ✓

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

WED

Roast Turkey ♥ or Vegetable Pastry Slice ✓
with Roast Potatoes, Carrots, Cabbage and Gravy

With cheese, beans or tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

THU

Chicken Korma and Rice or Vege Biryani ✓
with Lime Spiced Sweetcorn

With cheese, beans or tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

FRI

Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries
with Coleslaw

With cheese, beans or tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

GRAB A Deal!

ENJOY A MAIN AND A DESSERT

FOR JUST £2.10

THIS WEEK'S Eats.

Week Two

FOOD UNION
BY CHARTWELLS

MAIN One

EVERYDAY faves!



Jackets

Pizza & Pasta

Hot Snacks & Paninis

Subs

Salad

Sandwiches

MON

Topped Mac N Cheese
with Sweetcorn

With cheese, beans or
tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara
Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken
Tikka Sub Ham & Chicken
Melt Sub

Chicken & Bacon Pasta
Salad or Tuna Sweetcorn
Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

TUE

Traditional Lasagne with
Garlic Bread or Vege
Ball Marinara Sub Roll ✓

with Garlic and Herb
Wedges and Coleslaw

With cheese, beans or
tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara
Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini
Steak Pasty
Cheese & Onion Pasty
Vegan Sausage Roll

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta
Salad or Tuna Sweetcorn
Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

WED

Roast Pork with Stuffing
and Apple Sauce or
Quorn Roast ✓

with Roast Potatoes,
Carrots, Cabbage and
Gravy 🍷

With cheese, beans or
tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara
Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta
Salad or Tuna Sweetcorn
Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

THU

Chicken Burger or Pitta
with Portuguese Sauces
Or The Incredible Vegan
Burger ✓

with Fajita Wedges and
Corn Slaw

With cheese, beans or
tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara
Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta
Salad or Tuna Sweetcorn
Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

FRI

Battered Fish or Breaded
Chicken Strips or Vegan
Sausage Roll ✓

with Chips, Baked Beans
and Peas

With cheese, beans or
tuna mayonnaise

Margherita Pizza ✓
Herby Tomato Pasta ✓
Beef Bolognese Carbonara
Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta
Salad or Tuna Sweetcorn
Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Cheese Ploughman's Sandwich ✓
Egg Mayo Sandwich ✓
Chicken Mayo Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

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AND
A DESSERT

FOR JUST
£2.10

THIS WEEK'S Eats.

Week Three

FOOD UNION
BY CHARTWELLS

MAIN One

EVERYDAY faves!



Jackets

Pizza & Pasta

Hot Snacks & Paninis

Subs

Salad

Sandwiches

MON

Beef Burrito or Quorn Burrito
with Sweetcorn 🍷

With cheese, beans or tuna mayonnaise

Margherita Pizza
Herby Tomato Pasta
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini
Steak Pasty
Cheese & Onion Pasty
Vegan Sausage Roll

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

TUE

Chicken Burger or The Incredible Vegan Burger with Peruvian Sauces
with Fajita Wedges and Sweetcorn

With cheese, beans or tuna mayonnaise

Margherita Pizza
Herby Tomato Pasta
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

WED

Roast Gammon with Stuffing and Apple Sauce 🍷 or Quorn Roast
with Roast Potatoes, Peas, Sweetcorn and Gravy

With cheese, beans or tuna mayonnaise

Margherita Pizza
Herby Tomato Pasta
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini
Steak Pasty
Cheese & Onion Pasty
Vegan Sausage Roll

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

THU

Chicken Korma 🍷 and Rice or Vege Biryani
with Sweetcorn

With cheese, beans or tuna mayonnaise

Margherita Pizza
Herby Tomato Pasta
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini
Steak Pasty
Cheese & Onion Pasty ✓
Vegan Sausage Roll ✓

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

FRI

Breaded Chicken Strips or Vegan Sausage Roll
with Chips, Peas and Baked Beans

With cheese, beans or tuna mayonnaise

Margherita Pizza
Herby Tomato Pasta
Beef Bolognese Carbonara Pasta

Ham & Cheese Panini
Ham & Cheese Toastie
BBQ Chicken Panini

Vege Ball Marinara Sub ✓
Chicken Teriyaki Sub
Chicken Tikka Sub
Ham & Chicken Melt Sub

Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad

Cheese Sandwich ✓
Ham Sandwich
Chicken & Bacon Sandwich
BLT Sandwich
Ham Salad Demi Baguette
BLT Demi Baguette
Chicken Mayo Demi Baguette

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