

GOSFORTH GROUP



RELATIONSHIP AND SEX EDUCATION POLICY

Relationship and Sex Education (RSE) is an integral part of our work at Jesmond Park Academy to help students to be physically, socially, and emotionally healthy and to develop into responsible and informed members of society.

Effective RSE is important if young people are to make responsible and well informed decisions about their lives. It should be firmly rooted in the framework for PSHE education and the National Curriculum.

National guidance (PSHE Association et al. 2014) highlights that:

“Sex and relationships education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in science, and others are taught as part of personal, social, health and economic education (PSHE). A comprehensive programme of RSE provides accurate information about the body, reproduction, sex, and sexual health. It also gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline.”

RSE is delivered in all years through the National Curriculum science curriculum and as part of the PD and Citizenship programme in Key Stage 3 and 4 by a dedicated team of teachers. The RSE programme reflects current national guidance (DFE-then DFEE-2000 and PSHE Association et al.2014) and responds to current local strategies in Newcastle.

The programme may also be complemented by contributions by external agencies. These contributions will always work to the learning outcomes in our programme and be evaluated by the PD and Citizenship education subject lead.

Research shows that children and young people want to receive their initial sex and relationship education from their parents and families, with school and health professionals building on this later (*DFEE 2000*). We wish to work in partnership with parents to deliver RSE. While it is recognised that parents have the right to withdraw their child

from RSE (excluding that delivered through National Curriculum science), it is hoped that the sensitivity of the approach and our willingness to examine concerns will make this rarely necessary. If any parent is considering withdrawing their child we would encourage them to contact the PD and Citizenship education subject lead.

Access to help and advice around issues that may result from RSE is available to all students at Jesmond Park Academy via the School Nurse and their confidential drop in service. Any potential safeguarding issue that arises from RSE will be treated in accordance with our safeguarding policy.

For further information on our RSE programme and resources, please contact the PSHE education subject lead. For information regarding the School Nurse input to our RSE programme and the health drop in please contact the School Nurse.

For both, contact: Telephone: 01912818486

Email: admin@jesmondparkacademy.org.uk

September 2021

Date approved:.....

Signed:

September 2022

Date to be reviewed: