

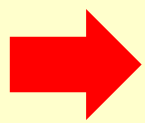
KNOWLEDGE GOALS

Study Skills

The importance of revise and how to use revision guides?

KEY VOCABULARY

Transferable skills / soft skills / virtual work experience



LINKING



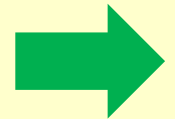
What you have learnt and achieved so far.

LADDERING



Be able to **identify** how to use revision guides and **effectively plan** for future examination.

LOOKING



Best life chances



STARTER



DISCUSS....



At this stage how confident do you feel about your examination courses?

How do you think you can improve your confidence on examination courses?



Progress step 1

How to get started catching up with your studies?



Success

I can explain what I can do to help myself





Lesson objective: The importance of revise and how to use revision guides?

We know you have had a difficult start to your examination courses and many of you feel stressed about the future. The school and your teachers will help you with this. So how can you cope with the stress?



Put the title - The importance of revision.
Then a subtitle - Coping strategies



Whilst watching the below two clips note down any useful advice.

WATCH [Click here](#)

<https://www.bbc.co.uk/bitesize/articles/z26scj6>

Exams: how to believe in yourself

Part of Support

+ Add to My Bitesize

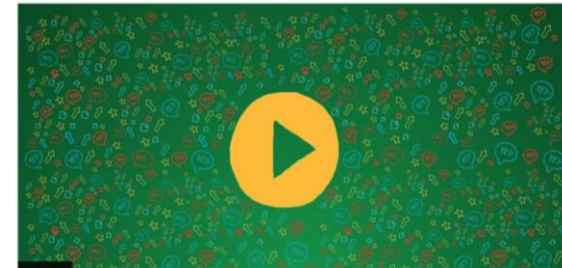


<https://www.bbc.co.uk/bitesize/articles/zsvqhv>

Exams: how to deal with exam stress

Part of Support

+ Add to My Bitesize



Progress step 1

How to get started catching up with your studies?



Success

I can explain what I can do to help myself





HOW DID YOU DO? Red pen your work...



Coping strategies

How to believe in yourself by develop a positive mind set:

- **Believe in yourself.** Recognise your own potential and aim to meet or exceed this.
- **Don't compare yourself to others.** These are your exams and your future. All that matters is that you do the best that you can do.
- **Don't let negative thoughts take over.** Just because you have the thought does not mean that it is true or that you have to believe it.
- **Remember that life goes on whatever your grades.** You might be disappointed but these are just one set of exams. Focus on doing the best that you can.

Progress step 1

How to get started catching up with your studies?



Success

I can explain what I can do to help myself





HOW DID YOU DO? Red pen your work...



Coping strategies

When you are feeling the stress, get talking.

- **Remind yourself that a certain amount of stress is motivation.** Use the emotion to improve your performance
- **Talk to friends.** They're there to help. Talking to them will help you realise you're not alone and they'll give you support.
- **Talk to your teachers or parents.** They will have a different perspective to you. They can help you problem solve and find practical solutions.
- **Take regular breaks**
- **Revise with friends.** This can be great as you keep up your social life and you don't feel isolated and alone.
- **Practice mindfulness and concentrate on your breathing.** To find out more about mindfulness click on the link below.

Progress step 1

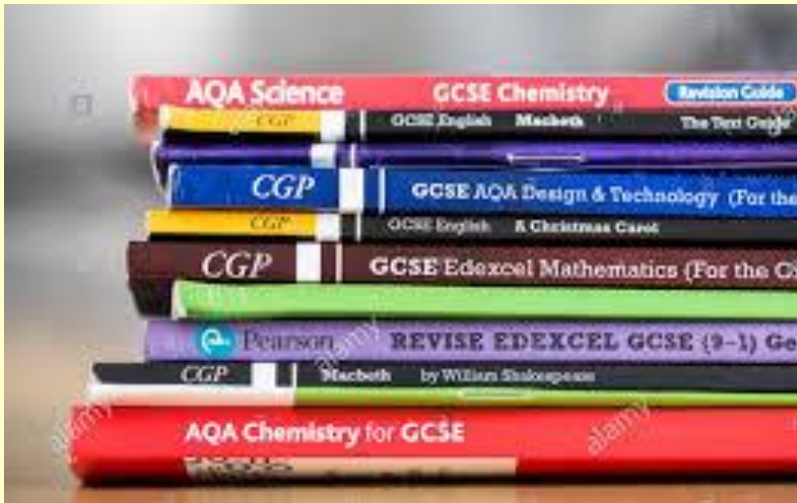
How to get started catching up with your studies?



Success

I can explain what I can do to help myself





One way the school is going to try to help you with your examination courses is by shortly providing you with revision guides.



This is not designed to cause stress BUT to provide you with materials to support your learning. They will however, only work if you use them!!

So how do you use a revision guide?



Progress step 2

How to use a revision guide?



Success

I can outline some successful practices for the use of revision guides.





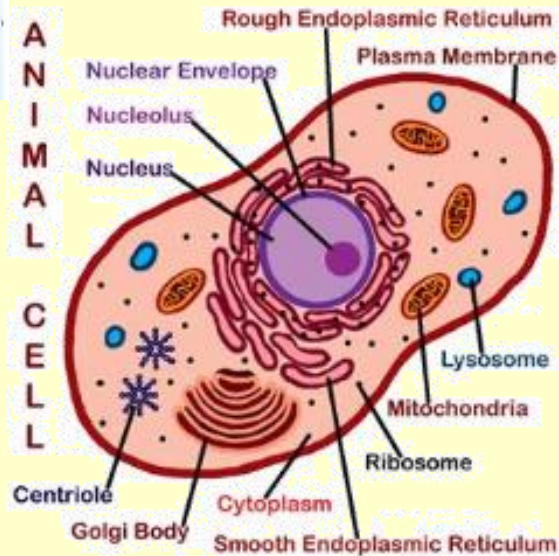
Suggestions for getting started.....

Step 1

Make a list of the topics you have studied so far.



Prioritise the subjects you find hardest or the subjects you don't like to look at first. Getting these out of the way means that you'll be more relaxed when you get closer to you're an exam or your mocks. However, don't forget to make time to revise for the things that you're also confident in too!



BIOLOGY

- Cell Structure
- Cell Division
- Transport in Cells
- Principles of Organisation
- Digestive System
- Circulatory System
- Health Issues
- Communicable Diseases
- Communicable Diseases



Progress step 2

How to use a revision guide?



Success

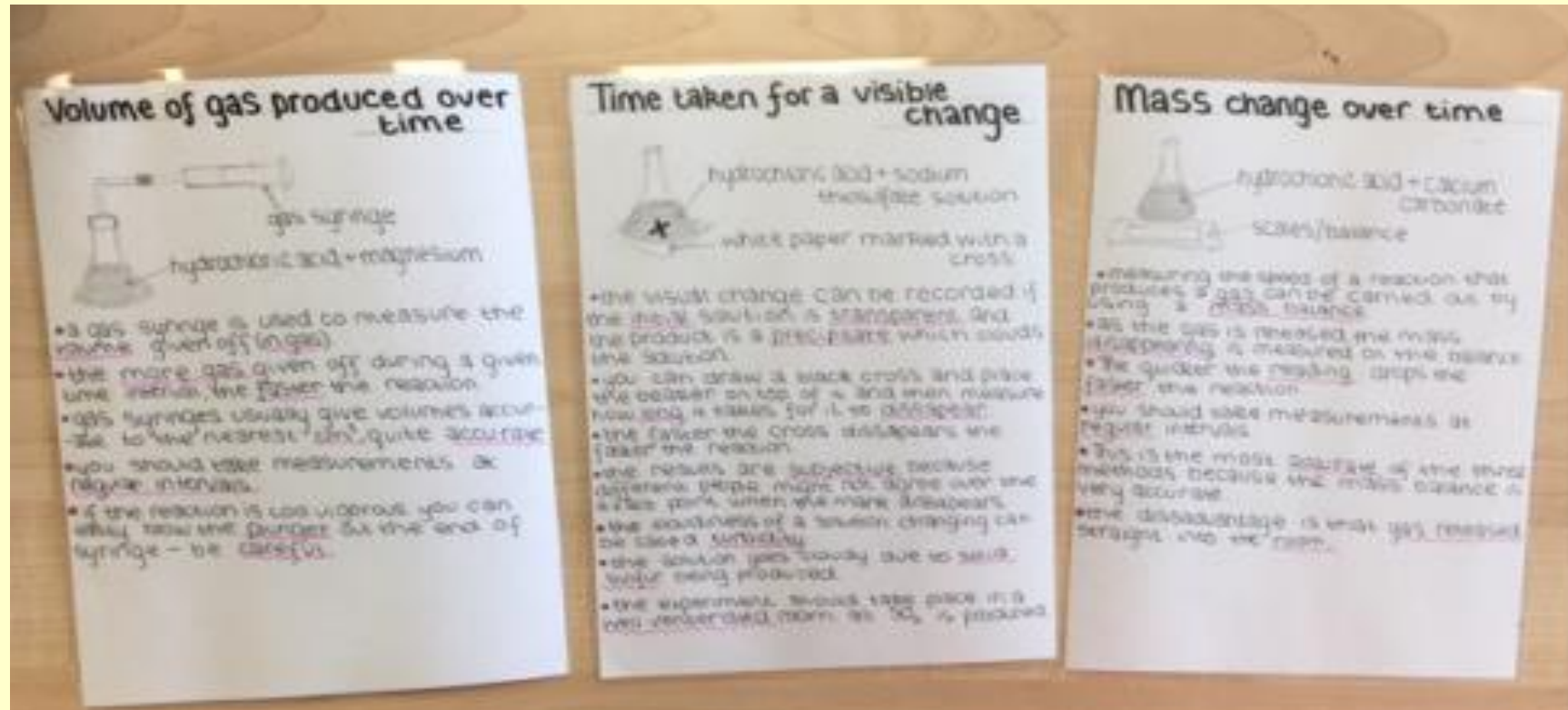
I can outline some successful practices for the use of revision guides.





Step 2

Read through your class books, text books and revision guides and **make summary notes**



Making summary notes is by far the best way to memorise lots of information. It may be incredibly tedious but the thing is that the most successful candidates often make as many as three sets of the same notes in a run up to the exams which help them to memorise the required information.

Progress step 2

How to use a revision guide?



Success

I can outline some successful practices for the use of revision guides.





Step 3

Read a topic of study and produce an effective active learning resource

If you are just reading the revision guide you are not revising...
or studying

Effective use of the revision guides:

Effective active learning resource

MEDIUM IMPACT

- Mind-maps
- Key words – post-its
- Highlighting

HIGH IMPACT

- Flash Cards
- Family and Friends Test

GREATEST IMPACT

- Applying the knowledge to exam questions and marking them



Progress step 2

How to use a revision guide?



Success

I can outline some successful practices for the use of revision guides.

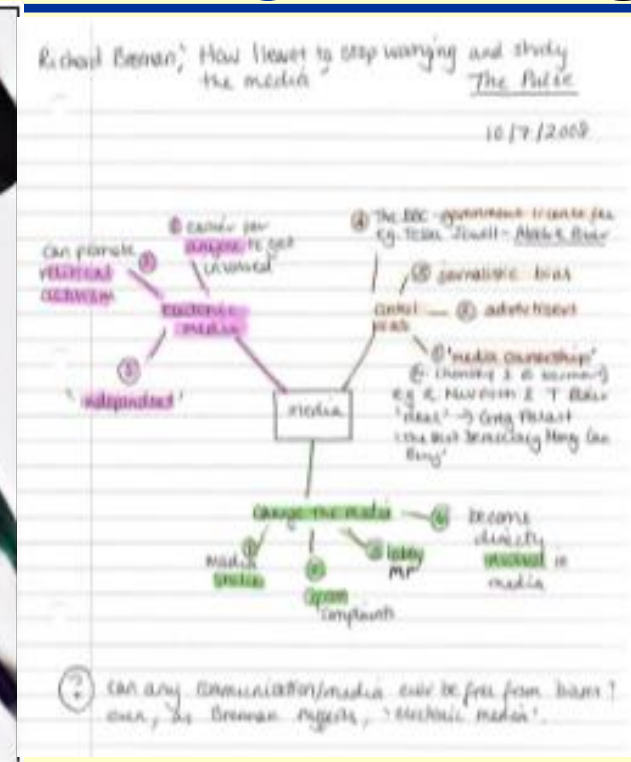
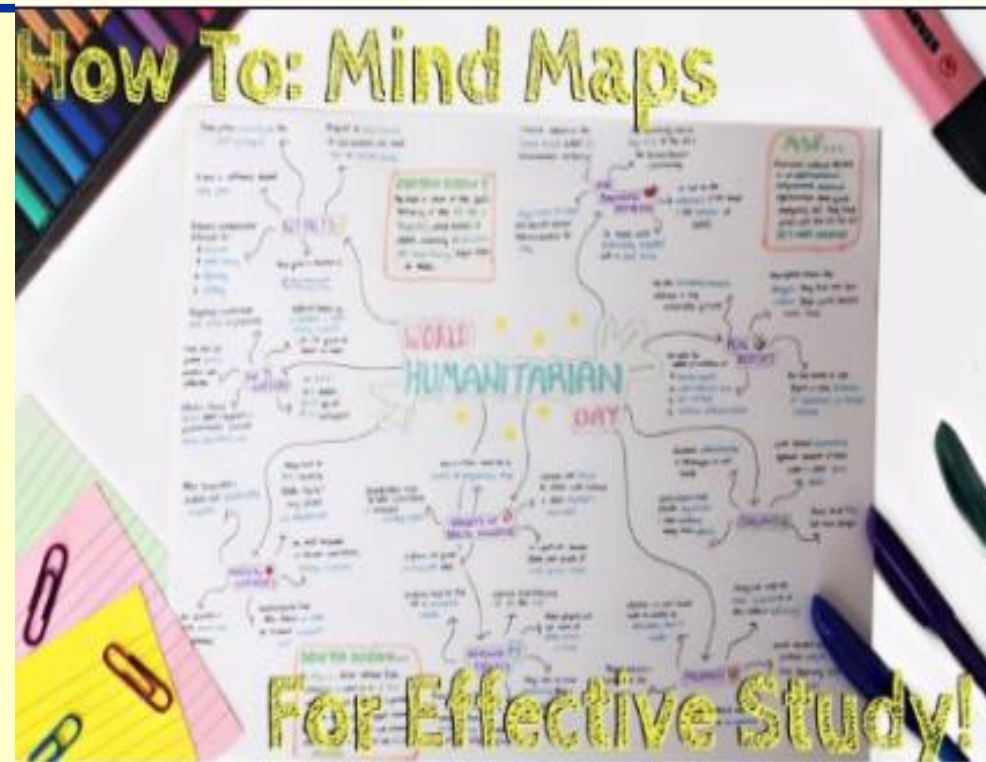


Lesson objective: The importance of revise and how to use revision guides?



MEDIUM IMPACT

- Mind-maps
- Key words – post-its
- Highlighting



- **Create** a Central Idea which represents the topic you are about to explore.
- **Add branches** to your **map of the key ideas**.
- **Colour code** your branches
- **Include images**.

How to Make a Mind Map - The Basics

<https://www.youtube.com/watch?v=wLWVOXN7K1g>

Progress step 2

How to use a revision guide?



Success

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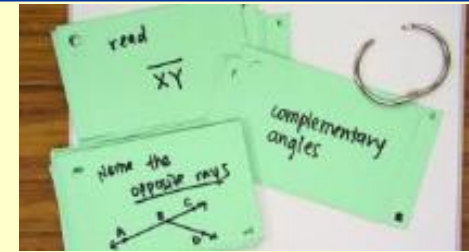


HIGH IMPACT

- Flash Cards
- Family and Friends Test

Flash Cards

- Make your own
- **Mix Pictures and Words.**
- Use a memory devices to Create Mental Connections. e.g. key sayings, pictures
- **Write Only One Question / topic Per Card.**
- Break Complex Concepts Into Multiple Questions
- **Say Your Answers Out Loud When Studying**
- Study Your Flash Cards in Both Directions.
- Remember this is only one method use a variety



Use them to test yourself or get a friend / family member to test you

How to Study Effectively with Flash Cards

<https://www.youtube.com/watch?v=mzCEJVtEDOU>



Progress step 2

How to use a revision guide?



Success

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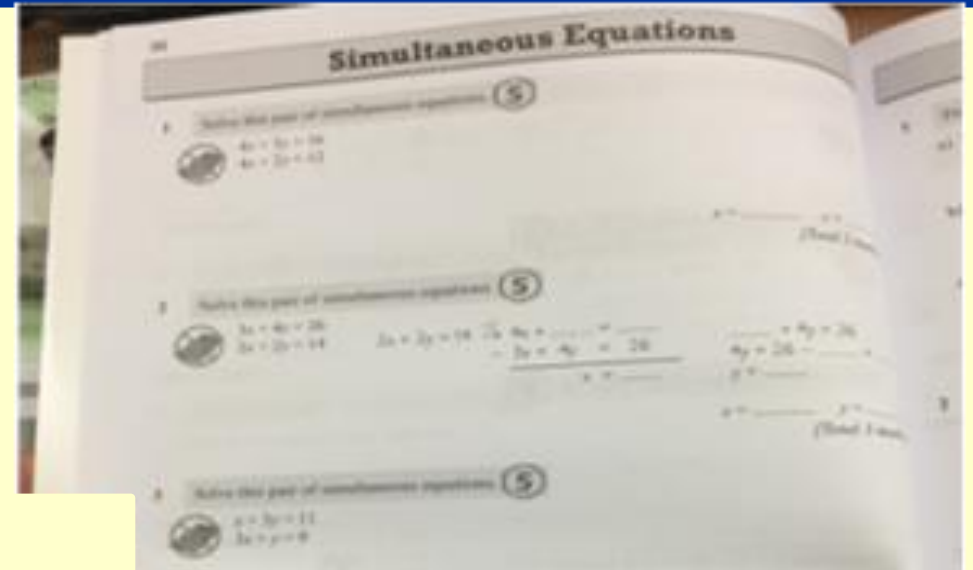




Step 4

Complete practice questions either from your revision guide, or found on an exam board site or via VLE classrooms

Find a topic in the exam practice workbook you would like to practice and complete the questions.

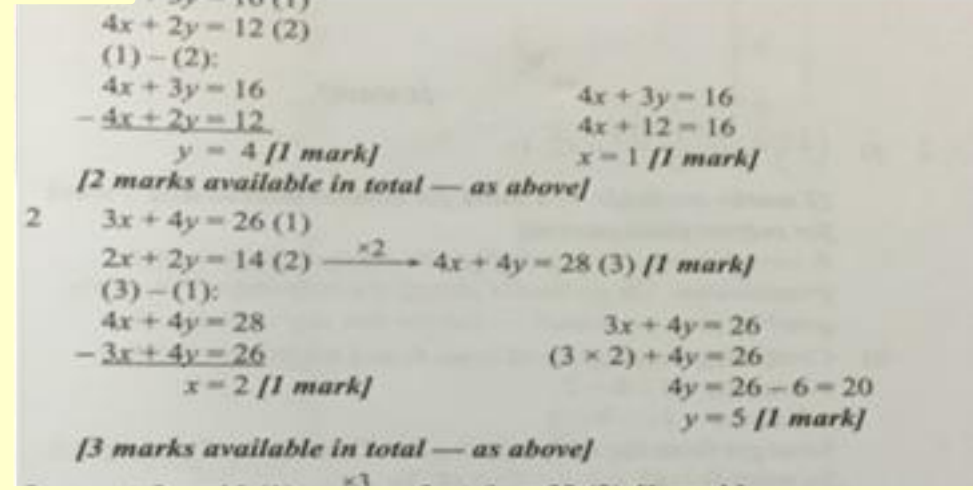


GREATEST IMPACT

- Applying the knowledge to exam questions and marking them

Look at the answers at the back of the exam practice workbook.

If you have an incorrect answer try to work out how to get to the correct answer.



If you are stuck..... ask your teacher

Progress step 2
How to use a revision guide?



Success
I can outline some successful practices for the use of revision guides.





Revision POWER HOUR




STEP 01
Choose a past paper question
Google your subject, level and exam board e.g. "Geography A-Level Past Papers AQA"

STEP 02
Revise
Spend 20 minutes revising what you need to know to answer your chosen question





STEP 03
Do the question
Set a timer for 20 minutes and answer the past paper question you chose



STEP 04
Get feedback
Show your teacher your work. Ask them whether your marking is accurate and how you could improve your answers



STEP 05
Mark your answer
Using the mark scheme for the past paper mark your answer. This will help you to think like an examiner



lifemoreextraordinary.com

Progress step 2

How to use a revision guide?

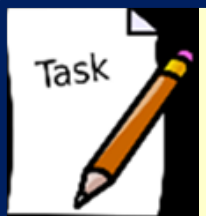


Success

I can outline some successful practices for the use of revision guides.



Lesson objective: The importance of revise and how to use revision guides?



If you have a revision guide or one of your classwork books.....

Pick a topic to do.....

- an information flashcard
- OR a test yourself flashcard
- OR a mind map



Progress step 2
How to use a revision guide?



Success
I can outline some successful practices for the use of revision guides.





REMINDER!!! Get organised.....

- Where are you going to study?
- Where are you going to keep the materials you will accumulate?
- When are you going to study each day?



Progress step 3

What were the important tips for study from September?.



Success

I can recap some idea





REMINDER!!!

Get studying.....

Success is not achieved by just attending lessons YOU have to complete independent study and consolidate what you have learnt.



So have you been.....

- Practicing examination questions
- Reviewing your work at the end of each topic to ensure you have understand what you have studied. AND producing an active revision resource such as revision cards, mind maps, vocabulary lists, tables, flash cards etc.
- Making full use of the support and facilities offered.

REVIEW

It's Never Too Late

Progress step 3

What were the important tips for study from September?.



Success

I can recap some idea





Plenary

DISCUSS.....



What are your plans to help you prepare for future exams and the mocks?



Which effective active learning technique suits you the best?

Effective active learning resource

